



What is Nitrous Oxide?



Nitrous Oxide, also known as laughing gas, is a pain relieving and sedating gas that is combined with oxygen to make patients more comfortable during dental care. It offers the benefit of relaxation with no loss of consciousness. A mixture of nitrous oxide and oxygen is inhaled through the nose and mouth before a dental procedure. A light tingling feeling is often experienced by patients, as well as an altered sense of time. Patients often listen to relaxing music during nitrous oxide sedation. Safe and effective, nitrous oxide sedation is the most common form of conscious sedation. All of our doctors administer nitrous oxide and all dental assistants are certified to monitor our patients.

I.V. Sedation: Helping you relax

If you would like to be sedated for your root canal, Dr. Michael J. Murray is licensed and certified to administer I.V. conscious sedation. A consultation is required prior to your sedation appointment. You must have a thorough review of your medical history prior to sedation.

I.V. sedation provides a safe and comfortable method to relieve anxiety and control pain. This is recommended for patients with dental fear, or simply if you want to be “asleep” for the procedure. This is the same type of sedation that you might have when you are having your wisdom teeth removed. All patients will have heart, blood pressure, and breathing monitored throughout the procedure.

Instructions for Sedation

1. You should have nothing to eat or drink for at least 8 hours before your appointment, but regular morning medications can be taken with water.
2. The patient must have a driver to and from the appointment, and will be unable to drive for the remainder of the day.
3. Please wear loose fitting clothing. If sleeves are present, make sure that they can be rolled up past the elbow. Contact lenses should not be worn.
4. Someone will need to stay at the office during the visit in case the patient needs assistance to the bathroom.
5. Be sure to drink plenty of fluids after your visit.

The patient will need to complete and sign two additional forms:

[Instructions for I.V. Sedation](#)

[I.V. Sedation Consent](#)